



The following meal programs are available to the public:

Alameda County Food Banks:

(800) 870-FOOD (3663) or 1-510-635-3663

FoodNow.net

Hours of operation: Monday - Friday, 9 a.m. - 4 p.m.

Callers will be connected to a source for groceries or a hot meal the same day they call, including assistance in multiple languages. Application assistance is also available through CalFresh, a nutrition program that helps families in need.

City of Newark in partnership with the Tri-City Food Bank

- Free Drive-Thru Grab and Go Grocery Bag Program
- First and third Thursday of each month - starting
- Thursday, May 21, 2020 and Thursday, June 4, 2020
- 10:30 a.m. to 11:30 a.m. or until supplies run out
- Location: Clark W. Redeker Newark Senior Center, 7401 Enterprise Drive, Newark
- For our community members in need - receive (1) bag per family, per car. **DRIVE THROUGH ONLY** -
- Please remain in your vehicle and wear a face mask.
- Questions: contact Nick Cuevas, Recreation Supervisor at (510) 578-4432

Compassion Network

39155 Liberty Street, Suite 840

Fremont, CA 94538

(510) 796-7378

www.compassionnetwork.org

Compassion Network offers essential food distribution for homeless and families in need.

Essential Food Distribution – Homeless: Mondays & Thursdays 10 a.m. – 12 noon

Essential Food Distribution – Families: Mondays & Thursdays 1 p.m. – 3 p.m.

LOV Newark

8440 Central Blvd., Suite A/B (510) 793-5683

League of Volunteers, better known as LOV, has an emergency pantry which has given food to those in need for many years. When COVID-19 came to the Tri City community – LOV began delivering food to those who are not capable of leaving their home. The delivery person leaves a box on the door step, gets into their car, and calls the food recipient that the food is there.

LOV's food is boxed with 20-25 cans and packages for a variety of food. The food is for people in Fremont, Newark and Union City. If anyone is in need of food, call LOV or pick up food at LOV's office located at 8440 Central Ave, Ste A/B, Newark. Or call and provide your phone number and address to request delivery at 510-793-5683. LOV is open 8:30 a.m. – 4:30 p.m. Monday thru Friday.

Newark Recreation and Community Services

The City of Newark Recreation and Community Services Department is holding a Community Food Box Distribution Program to community members in need. Food distribution takes place on Saturday, May 16, 2020, beginning at 8:30 a.m. and continuing until supplies run out.

Families will receive (1) box per family per car drive through only. Community members are to remain in their vehicle and wear a face covering.

Food distribution will be held at the Newark Community Center, 35501 Cedar Blvd., Newark.

General questions: contact Nick Cuevas, Recreation Supervisor at (510) 578-4432 or email at nicholas.cuevas@newark.org.

Newark Unified School District

Newark Unified School District is offering "to-go" meals for all Newark students including non-NUSD students under 18 years of age at two locations:

- Newark Jr. High School 6201 Lafayette Ave; and
- NUSD Central Kitchen 37370 Birch St.

Students will receive two meals on Mondays and 3 meals on Wednesdays. For more information, please visit [Newark Unified School District](#).

Salvation Army

36601 Newark Blvd., Newark (510) 793-6319

Salvation Army has a food pantry in which community members can pick-up groceries every weekday from 9:00 a.m. until 11:00 a.m. Community members must provide proof of Tri-City residency.

Sikh Food Pantry

The Sikh Food Pantry of Sikh & Community Organizations has assembled a group of dedicated volunteers who are offering FREE services to deliver food to those in need. Those eligible include:

- The Elderly
- Single Parents
- Low Income
- Special Circumstances

Additional services include hand-out packed meals for people in need. Families and the elderly that are ill and can't visit grocery stores can arrange for grocery pick-up twice a week via drive-thru at Gurdawa Sahib Fremont with the help of Sikh Panchayat, Ek Noor Seva Society, Sikhs for Humanity, Apna Bazar and Amolakh Singh Gakhhal family.

Sikh Food Pantry initiative is also being run by Khalis Foundation in conjunction with Alameda County providing grocery delivery to those that are unable to leave their houses. Visit www.tinyurl.com/sikhfoodpantry.

Carry Out Pre-Packed Food Times: Monday through Saturday, 5:30 p.m. - 7:30 p.m. and Sunday from 12:00 p.m. - 2:00 p.m.

Grocery Drive-Thru Pickup Times: Monday & Friday only between 3:00 p.m. - 6:00 p.m.

Food/Grocery Pick-up address: 300 Gurdwara Road, Fremont, CA 94536

Alameda County residents visit: tinyurl.com/sfp-alameda

Santa Clara County residents visit: tinurl.com/sfp-santaclara

[Application](#) for those in need of basic food.

Solid Rock Church

5970 Thornton Avenue, Newark
 (510) 358-1585 ask for Bridgett Stevenson
www.solidrockcommunityservices.org

- Every Wednesday from 10:00 a.m. - 12:00 noon (participants can come early to pick up a number beginning at 8:30 a.m.)
- Grocery bag distribution program, non-perishable food items
- Must be a Tri-City resident (may ask for ID but not required)
- Up to 300 bags distributed each week

St. Edward Church

5788 Thornton Ave., Newark (510) 797-0241 St. Edward Church provides a Friends and Family meal program on the second and fourth Sunday of every month between the hours of 1:00 p.m. and 2:30 p.m. Due to the pandemic, prepacked lunch bags will be provided with no sit down dining.

Tri-City Volunteers

37350 Joseph Street, Fremont (510) 598-4065 Tri-City Volunteers is a large food bank that provides an assortment of food to tri-city families, including fruits and veggies, grains, canned goods, meats, and dairy items. They serve over 1,000 families every week. They are open at various times throughout the work week.

- Marketplace Pick Up Hours:

- Mondays-Thursdays
 - 9:30 a.m. - 10:00 a.m. Registered Disabled Clients
 - 10:00 a.m. - 12:30 p.m. Morning General Clients
 - 12:30 p.m. - 1:00 p.m. Closed to Replenish TCV Marketplace

Viola Blythe Center

37365 Ash Street, Newark (510) 794-3437

Viola Blythe currently operates a food distribution program that provides up to two weeks of canned and dry foods as well as bread products. Boxes of food are assembled by volunteers and placed outside for pick-up.

The boxes can be picked up Monday through Wednesday between 11:00 a.m. and 1:00 p.m.

The following programs are in place relating to seniors:

Ride on Tri-City! Transportation Service

Contact: David Zehnder, City of Newark (510) 578-4405 The Ride on Tri-City! transportation program remains fully operational. For more information or to schedule a ride, please contact Helpline at (510) 574-2053 or visit [Ride-On Tri-City! Transportation Service](#)

Life ElderCare

Contact: David Zehnder, City of Newark (510) 578-4405 Meals on Wheels delivers nutritious meals mid-day Monday through Friday and also provides frozen meals for the weekend. To request service, please contact Life ElderCare at (510) 894-0370 or visit [Life ElderCare](#).

Newark Senior Center

Contact: David Zehnder, City of Newark
(510) 578-4405

Although the City is unable to offer services directly to seniors at our senior center at this time, staff will be reaching out to regular customers via telephone and e-mail to perform well-checks.

Tax Preparation Services for Seniors

GetYourRefund.Org partners with free tax sites, known as Volunteer Income Tax Assistance (VITA) sites, to help you prepare your taxes. Trained and IRS-certified volunteers at local community organizations will prepare your taxes.

You can save up to \$300 when you file for free. GetYourRefund.Org also ensures eligible taxpayers claim the Earned Income Tax Credit (EITC), which can be over \$3,000 per family.

Go to <http://getyourrefund.org/> and answer questions to see if you qualify for the FREE service.