

# CITY OF NEWARK

## SENIOR CITIZEN ADVISORY COMMITTEE

7401 Enterprise Drive, Newark, CA 94560-3796 510-578-4840 E-mail: senior.center@newark.org

Clark W. Redeker Newark Senior Center  
7401 Enterprise Drive, Newark, CA  
9:15 a.m.

### Minutes

Thursday, June 1, 2017

#### A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called the meeting to order at 9:17 a.m. Present were Senior Advisory Committee Members Rick Arellano, Sandy Arellano, Elwood Ballard, Faye Hall, Eileen McDonald, Miranda Miller, Dolores Powell and Glen Wickizer.

Advisory Committee Member Kathleen Lemos was noted absent.

Staff present: Karen Moraida, Edda Rivera and David Zehnder.

#### B. MINUTES APPROVAL

Minutes of the May 4, 2017 Senior Advisory Committee meeting were moved for approval by Committee Member Glen Wickizer, and seconded by Committee Member Miranda Miller with all in favor.

#### C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Seniors In School Volunteers Tom Federico and Marion Silva, and Fremont Senior Citizen Commissioner Pat Helton.

#### D. GUEST SPEAKER – TOM FEDERICO, SENIORS IN SCHOOL

Mr. Tom Federico provided a brief description regarding the Seniors In Schools Program. This program is a Newark-based group of seniors that volunteer their time to assist Newark elementary school teachers with their students in math and reading in their classrooms, and in the after-school-hours intervention program.

Currently several Seniors have dedicated thousands of hours to help students in Newark elementary schools. This program was founded by the Fremont Bank Foundation.

#### E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Nothing to report.

#### F. OLD BUSINESS

Nothing to report.

**G. NEW BUSINESS**

**G.1 Fremont, Union City and Newark Joint Senior Commission/Committee Reports  
– Committee Member Woody Ballard**

Committee Member Ballard provided an update on the 7-part series: **Brain Fitness Overview – Cognitive**. Alexandra Morris with the Alzheimer's Association presented ***Emotional: Lifting Your Spirit and Caring for the Caregiver*** which was hosted at the Fremont Senior Center on May 18, 2017. Member Ballard invited committee members to attend the next presentation, session 6 of the 7-Part Series: Brain Fitness Overview - "Social Interaction Using Creativity & Play (Singing)" scheduled for June 16, 2017 at 1:30pm at the Clark W. Redeker Newark Senior Center.

**G.2 Upcoming Programs/Trips/Special Events**

Senior Recreation Supervisor Karen Moraida informed the committee that within the new Recreation and Community Services Activity Guide there are some excellent senior trips and activities for this summer.

Other upcoming events at the Clark W. Redeker Newark Senior Center include:

- Woodstock West featuring our amazing guitar class – Friday, June 9
- Napa River Cruise – Tuesday, June 13
- Ukulele Extravaganza with our own performers– Wednesday, July 26

**G.3 Upcoming Meeting Schedule:**

**Next Meeting to be held on Thursday, July 6, 2017**

**H. COMMITTEE INPUT/REMARKS**

Committee Member Ballard commented and distributed copies of an article of the Tri-City Voice Newspaper published on May 30, 2017 entitle "Greater Nilis Village to Help Elderly Age in Place".

Committee Member Eileen McDonald volunteered to introduce Mr. Tom Federico, Seniors in Schools Volunteer Coordinator, to the Newark Unified School District Board of Directors.

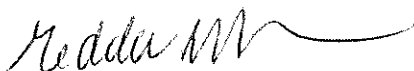
**I. PUBLIC INPUT**

Nothing to report

**J. ADJOURNMENT**

Meeting adjourned at 10:09 a.m.

Respectfully submitted,



**Edda Rivera  
Administrative Assistant**