



CITY OF NEWARK

SENIOR CITIZEN ADVISORY COMMITTEE

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Newark Senior Center
7401 Enterprise Drive, Newark, CA
9:15 a.m.

Minutes Thursday, September 3, 2015

A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called meeting to order at 9:15 a.m.

Members Present: Rick Arellano, Sandy Arellano, Elwood Ballard, Faye Hall, Kathleen Lemos, Tamara Tucker, Glen Wickizer and Gloria Wilson

Members Absent: Dolores Powell

Staff Present: Karen Moraida, David Zehnder & Edda Rivera

B. MINUTES APPROVAL

The minutes of the Senior Advisory Committee Meeting of Thursday, July 2, 2015 were unanimously approved.

C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Jack Dane, and Pat Helton

D. Guest Speaker Patricia Osage with Life Elder Care

Ms. Patricia Osage, Executive Director from LIFE ElderCare provided a brief overview of services and programs offered to seniors in the Tri-City area. LIFE ElderCare has been helping seniors age in place and thrive in their communities since 1975.

Life Elder Care programs include:

- Friendly Visitors – Wellness Checks
- Meals on Wheels - Home Meal Delivery
- VIP Rides – Volunteer Driver Program
- Fall Prevention – Classes and Screening Services
- Lavender Seniors – Programs and Services for the LGBT Community

Ms. Osage extended an invitation to committee members to the following events:

- LIFE in Action Open House on Friday, September 12, 2015 from 9:30-10:30a
- Seniors Night Out, September 25, 2015 from 5:30-8:00pm

E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Recreation and Community Services Director David Zehnder distributed and reviewed with the committee a detailed report for the month of August regarding recent activities, programs and services for area seniors.

F. OLD BUSINESS

F.1. Update on Ceremony and Reception for the renaming the Newark Senior Center in memory of Clark W. Redeker

Recreation and Community Services Director David Zehnder informed the committee that he has received a proof of the monument sign for the Senior Center and wall plaque, both of which will be unveiled during the ceremony and reception honoring Clark scheduled for Friday, October 16, 2015, 11am – 1pm at the Newark Senior Center.

G. NEW BUSINESS

G.1 Fiscal Year 2014/2015 Paratransit Report

Recreation and Community Services Director David Zehnder provided a brief presentation regarding the Newark Paratransit Program. A copy of the report was distributed to committee members highlighting a list of the 2014/2015 fiscal year operational statistics.

G.2 Proposed Horseshoe Court Analysis

Recreation and Community Services Director David Zehnder distributed a feasibility and cost analysis report for a proposed horseshoe pit adjacent to the Newark Senior Center. He summarized the report by stating the cost estimate for two adjacent courts would be approximately \$10,000 and would need to be put on the City's Capital Improvement Project list for consideration by City Council at some point in the future. He further stated that based on his research, interest in the game of horseshoes has significantly declined with only one local senior center featuring a pit. Chair Person Nagy mentioned that perhaps Senior Center staff could organize a Corn Hole (bean bag toss game) tournament to gauge interest in this type of similar outdoor activity. The game of Corn Hole would be a much less costly activity that could easily be setup on the grass fields adjacent to the Senior Center parking lot.

G.3 Health Faire Volunteers – October 6

Senior Recreation Supervisor Karen Moraida invited members to volunteer and participate at the 16th Annual Health Faire for seniors to be held on Tuesday, October 6, 9:00am – 12:00pm at the Silliman Activity and Family Aquatic Center.

This event is a great opportunity to meet healthcare providers and collect information about senior wellness activities and services. Additionally, free flu vaccinations will be provided for those on Medicare.

G.4 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida informed the committee that the Fall Activities Guide is packed with great activities, special events and senior trips. She also encouraged members to attend daily drop-in activities and a special "Happy Birds and Lunch" event scheduled for Friday, September 18 at 12:00pm.

**G.5 Upcoming Meeting Schedule:
Thursday, October 1, 2015**

H. COMMITTEE INPUT/REMARKS

Chairperson Al Nagy invited committee members to the following events:

- Community meeting regarding the Newark Civic Center/Library Feasibility Study to be held at the Silliman Activity and Family Aquatic Center September 9 at 6:30pm. The purpose of this meeting is to gather community input and comments related to this study.
- Avanzando Pancake Breakfast fundraiser on September 12, 8:00am – 11:00am at the Alameda County Fire Department – Station 28, 7550 Thornton Ave in Newark.
- Newark Days 60th birthday celebration, September 19 - 20. Come and visit the Museum of Local History Guild on Sunday, September 20 from 10:00am-4:00pm. Bring historic photographs of Newark to become part of the Newark History Project.

Committee and Tri-City Elders Coalition Rep Faye Hall reported on the House Sharing program. This is a nonprofit organization that connects home owners or renters who have a residence with one or more bedrooms with persons seeking housing to pay rent or exchange services for reduced rent. This program started in Fremont as of August 1, 2015. Informational flyers will be available at the front desk.

Additionally, she informed committee members about several free community seminars hosted by Washington Hospital Healthcare System. Upcoming seminar “Learn About Your Health Insurance Options During Open Enrollment” will be presented on September 15 and 17. Informational flyers are available at the front desk.

Committee Member Ballard informed the committee that he is very proud to be working alongside Fremont Senior Citizen Commissioner Pat Helton.

Recreation and Community Services Director David Zehnder extended an invitation to committee members regarding the Newark Salvation Army groundbreaking ceremony taking place on Wednesday, September 16, 2015 at 4:00pm. The Salvation Army is also celebrating its 150th anniversary in 2015.

I. PUBLIC INPUT

Fremont Citizen Commissioner Pat Helton invited committee members to attend the Fremont Senior Citizen Commission meeting on the third Friday of the month at the Fremont Senior Center.

J. ADJOURNMENT

Meeting adjourned at 10:45am

Respectfully submitted,

Edda Rivera
Administrative Assistant