



CITY OF NEWARK

SENIOR CITIZEN ADVISORY COMMITTEE

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Clark W. Redeker Newark Senior Center
7401 Enterprise Drive, Newark, CA
9:15 a.m.

Minutes

Thursday, November 5, 2015

A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called meeting to order at 9:16 a.m.

Members Present: Rick Arellano, Sandy Arellano, Elwood Ballard, Faye Hall, Dolores Powell, Tamara Tucker, Glen Wickizer and Gloria Wilson

Members Absent: Kathleen Lemos

Staff Present: Karen Moraida, David Zehnder & Edda Rivera

B. MINUTES APPROVAL

Due to lack of a quorum, Thursday, October 1, 2015 meeting not held.

C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Pat Helton, Fremont Senior Citizen Commissioner.

GUEST SPEAKER TERRENCE GRINDALL ASSISTANT CITY

D. MANAGER – NEWARK CIVIC CENTER FEASIBILITY STUDY UPDATE

Mr. Grindall provided an overview of the Newark Civic Center and Library Feasibility Study. Mr. Grindall also provided an update regarding the Dumbarton TOD Senior Apartments project and other housing projects currently under construction in Newark.

E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Recreation and Community Services Director David Zehnder distributed and reviewed with the committee a detailed report for the month of September regarding recent activities, programs and services for area seniors.

Overall program, trip and Senior Center drop-in attendance was 2,400 for September. Three (3) new case management cases were opened, nine (9) daily meals were served at the Senior Center, Meals on Wheels delivered an average of 52 daily meals, and volunteers clocked 412 hours of service for the month.

Unfortunately, Paratransit program service figures for July, August, and September are still not available. Service provider MV Transportation has converted to a new software tracking program that is not providing accurate ridership reports. They hope to have this resolved soon.

F. OLD BUSINESS

F.1. Report on Ceremony and Reception for the renaming of the Newark Senior Center in memory of Clark W. Redeker

Chairman Nagy thanked City staff for doing such a great job coordinating the well-attended ceremony and reception. Members of the Redeker family and special guests all enjoyed this special day honoring “one of the good guys”,

F.2. Report on Senior Health Fair

Senior Recreation Supervisor Karen Moraida reported on the Newark Senior Health Fair held at the Silliman Activity Center on October 6, 2015. More than 70 local and county agencies were represented during this successful event. Approximately 350 people were in attendance.

She extended her appreciation to Senior Advisory Committee members Woody Ballard, who manned the Newark Senior Center information table, Faye Hall and Gloria Wilson, who volunteered serving drinks and snacks and to the many other senior volunteers and staff members that helped to make this another successful event.

G. NEW BUSINESS

G.1 TCEC Update

Committee and Tri-City Elders Coalition Rep Faye Hall shared the results from a recently completed survey from the Alameda County Survey for Older Adults. This report shows results obtained from the survey as of October 12, 2015. A copy of the report will be available at the Senior Center front desk.

Additionally, she informed committee members about several free community workshops for seniors. Informational flyers will be available at the Senior Center front desk.

- Annual Diabetes Health Fair hosted by Washington Hospital on Saturday, November 14, 2015 from 8 am – 1:30 pm
- Caring for a Loved One with Dementia hosted by the City of Fremont Senior Center on Wednesday, November 18, 2015 from 10:00 am – 12:00 pm
- Dealing with the “Holiday Blues”? hosted by the City of Fremont Senior Center on Thursday, November 19, 2015 from 10:15 – 11:45 am

Recreation and Community Services Director David Zehnder reported on the TCEC “Seniors Night Out” event which took place on October 20th. Funds were raised for the Personal Urgency Need fund and other senior support programs.

G.2 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida informed the committee that the Winter/Spring Recreation and Community Services Department Activities Guide will be mailed to all Newark Residents in late November. This publication contains activities, classes, trips and special events from December 2015 – March 2016. Newark Residents registration begins December 1. Nonresident registration begins December 5.

Senior Recreation Supervisor Karen Moraida highlighted the following upcoming events:

- Dixie Dominus Jazz and Luncheon – Friday, November 13, 2015 at 12:00 pm
- Thanksgiving Day Luncheon – Wednesday, November 25, 2015 at 12:00 pm
- Nice Work If You Can Get It, Musical Comedy – Sunday, November 15
- Thunder Valley Indian Casino – Wednesday, December 2
- Free Holiday Gift To You – Friday, December 11 at 9:30am

**G.3 Upcoming Meeting Schedule:
Thursday, December 3, 2015**

H. COMMITTEE INPUT/REMARKS

Chairperson Al Nagy asked committee members if anyone has any experience organizing gardening activities. Member Ballard indicated that he volunteers at Ardenwood Historical Farms pruning plants.

Chairperson Al Nagy asked for a volunteer to coordinate the next Advisory Committee meeting to be held at the IHOP restaurant on December 3, 2015. Committee Member Tamara Tucker volunteered to make reservations at restaurant.

Committee Member Ballard updated committee members that he continues to meet with Fremont and Union City Senior Citizen Commissioners on exchanging information and discussing issues related to senior citizen.

Committee Member Faye Hall invited committee members to join a Grief Share program hosted by Prince of Peace Church on November 21, 2015 from 9:00 – 11:30am. A copy of the flyer will be available at the front desk.

I. PUBLIC INPUT

Fremont Citizen Commissioner Pat Helton invited committee members to attend the Fremont Senior Citizen Commission meeting on Friday, December 18, 2015 from 9:00 am to noon at the Fremont Senior Center.

J. ADJOURNMENT

Meeting adjourned at 10:12am

Respectfully submitted,

**Edda Rivera
Administrative Assistant**