

# SILLIMAN FAMILY AQUATIC CENTER

## General Pool Rules

1. No swimming unless there is a lifeguard on duty.
2. No running on the pool deck.
3. No gum, smoking, alcohol, glass containers or competing outside food allowed in the facility.
4. No food or drink within 5 feet of the pool.
5. No diving allowed anywhere in the facility.
6. No roughhousing or unsafe swimming.
7. All children 2nd grade & under must be accompanied by an adult.
8. Non-swimmers or children who are wearing a flotation device must be accompanied in the water by an adult.
9. Bathing suits must be worn at all times by all patrons using the facility.
10. Everyone must shower before entering the pool.
11. Toys and swim equipment will be restricted at the discretion of the lifeguard based on safety concerns. No squirt guns, hard balls (tennis balls, etc) or frisbees allowed in the pool and facility.
12. Kickboards are for lap swim or instructional use only.
13. No one will be permitted in the lifeguard chairs except the lifeguard.
14. Swimmers who have questionable swimming skills may be asked to take a SWIM TEST.
15. At any time and without warning, the lifeguards will have the discretion to limit an activity which may cause injury or inconvenience to others, as well as call for swim breaks.
16. No one with a contagious or communicable disease or open wound is permitted in the water.
17. Families children of opposite gender must use a family changing room.
18. Lifeguards have the full authority over patrons' use of the pool area and may enforce rules not listed as situations warrant.

## Spa Usage - CAUTION

1. Elderly persons, pregnant women, infants and those with health conditions requiring medical care should consult with a physician before entering a spa.
2. Unsupervised use by children under the age of 14 is prohibited.
3. Hot water immersion while under the influence of alcohol, narcotics, drugs, or medicines may lead to serious consequences and is not recommended.
4. Do not use alone.
5. Long exposure may result in nausea, dizziness, or fainting.

## Lazy River Pool Rules

1. All non-swimmers must be accompanied by an adult
2. Must go in the direction of the current.
3. Enter and exit at Lazy River stairs only. No stopping or getting out of tube midway.

## WATER SLIDE

1. Maximum operational load: 1 person, up to 300 lbs, each slide at a time.
2. **Children under 48" tall are not permitted on water slides.**
3. Eyeglasses must be securely affixed to riders with head straps.
4. Swim wear with exposed zippers, buckles, rivets, or metal ornamentation are not permitted.
5. **SINGLE RIDERS ONLY! NEVER FORM CHAINS!!**
6. Slide must be ridden feet first lying on your back or sitting face forward.
7. Riders must wait for the lifeguard/attendant to give the signal before starting the ride.
8. Keep arms and hands inside the *flumes* at all times.
9. Do not run, dive, stand, kneel, rotate, or stop in the slide.
10. At the end of the slide, obey all signs and instructions from the lifeguard/attendant and exit quickly.
11. **CAUTION:** For safety reasons, pregnant women and persons with heart conditions or back trouble should not ride these slides.

## SPLASH POOL

1. Do not block the end of the slide.
2. Listen to instruction from lifeguard on duty.
3. Leave the landing area quickly.

## Children's Activity Pool

1. No running on or around the play structure.
2. No headfirst sliding on slides or tunnels.
3. No climbing on pipes or handrails.
4. The lifeguard on duty has the authority to administer a height limit from the recreational water attraction (wading pool) to ensure adequate safety and supervision of activities surrounding the Dew Drop feature.

## No Children should ever be left unattended.

All non-swimmers and children who are wearing flotation devices must be accompanied by an adult in the water AT ALL TIMES.

### PLEASE NOTE

NO DISPOSABLE DIAPERS, NOT DESIGNED FOR WATER APPLICATION, ARE ALLOWED IN THE POOL.

**Babies or toddlers will not be allowed in the pool without appropriate swim diapers.**