



CITY OF NEWARK

SENIOR CITIZEN ADVISORY COMMITTEE

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Clark W. Redeker Newark Senior Center
7401 Enterprise Drive, Newark, CA
9:15 a.m.

Minutes

Thursday, September 1, 2016

A. PLEDGE OF ALLEGIANCE/ROLL CALL

Chairperson Al Nagy called the meeting to order at 9:18 a.m. Present were Senior Advisory Committee Members Rick Arellano, Sandy Arellano, Elwood Ballard, Kathleen Lemos, Dolores Powell, Tamara Tucker, Glen Wickizer and Gloria Wilson.

Advisory Committee Member Faye Hall was noted absent.

Staff present: Cheryl Galvez, Kelly Hess, Karen Moraida, Edda Rivera and David Zehnder.

B. MINUTES APPROVAL

Minutes of the July 7, 2016 Senior Advisory Committee meeting were moved for approval by Senior Advisory Committee Member Rick Arellano and seconded by Senior Advisory Committee Member Dolores Powell with all in favor.

C. WELCOME/INTRODUCTION

Chairperson Al Nagy welcomed Fremont Senior Citizen Commissioners Pat Helton and Jo Anne Rhoades, Union City Senior Citizen Commissioner Mila Josue, Director of Memory Care at Masonic Homes Joseph Pritchard, and guest speaker Karen Grimsich, City of Fremont Aging and Family Services Administrator.

D. GUEST SPEAKER: World Health Organization Age-Friendly Cities Presentation by Karen Grimsich, City of Fremont Aging and Family Services Administrator.

Ms. Grimsich provided an overview of the World Health Organization Age-Friendly Cities Program. This program is an international effort to help cities prepare for two global demographic trends: the rapid ageing of populations and increasing urbanization. The Program targets the environmental, social and economic factors that influence the health and well-being of older adults.

E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Recreation and Community Services Director David Zehnder distributed the Human Services/Senior Center Report for July, 2016. He noted that the report covered the first month (July) of the new fiscal year.

Overall daily and program attendance for the month was 2,286 with no new Senior Case Management cases opened. An average of nine (9) daily meals were served at the Senior Center and Meals on Wheel delivered a daily average of 59 meals. Volunteers clocked 339 hours of service for the month.

City of Fremont did not provide paratransit rider information for the month of July.

F. OLD BUSINESS

- F.1 17th Annual Health Faire for Seniors** – Senior Recreation Supervisor Karen Moraida invited members to volunteer and participate at the 17th Annual Health Faire for Seniors to be held on Tuesday, October 4, 9:00am – 12:00pm at the Silliman Activity and Family Aquatic Center. Committee Member Gloria Wilson volunteered to prepare and serve the snacks.

This event is a great opportunity to meet healthcare providers and collect information about senior wellness activities and services. Additionally, free flu vaccinations will be provided for those on Medicare.

Senior Recreation Supervisor Karen Moraida announced that Senior Center will remain open during Health Faire for Seniors.

G. NEW BUSINESS

- G.1 Fremont, Union City and Newark Joint Senior Commission/Committee Report – Woody Ballard**

Committee Member Ballard provided a brief report on Alzheimer awareness programs in the Tri-City Area. Members of the Fremont, Union City and Newark Senior Advisory Committee/Commission met with the Fremont Police Chief to discuss training opportunities for public safety personnel.

Director of Memory Care at Masonic Homes of California Joseph Pritchard invited Committee Members to attend the screening of the movie “Glen Campbell: I’ll Be Me.” This movie focuses on raising awareness about the dignity and strength of people coping with Alzheimer’s disease. The presentation was held at the Masonic Homes Campus in Union City on Friday, September 9 at 6:15 p.m.

Union City Senior Citizen Commissioner Mila Josue shared that she spoke with Alameda County Supervisor Richard Valle regarding goals and collaborations efforts amongst Tri-City Alzheimer’s program.

- G.2 Newark Days Community Information Faire Sunday, September 18, 12:00 p.m. – 4:00 p.m. Volunteer Opportunities**

Senior Recreation Supervisor Karen Moraida invited members to volunteer and participate at the Newark Days Information Faire to be held on Sunday, September 18 from 12:00 – 4 p.m. at the Newark Community Park. Committee Members Faye Hall and Tamara Tucker volunteered to host the Recreation & Community Services Department’s information booth at Newark Days.

Chairperson Al Nagy encouraged members to bring historic photographs of Newark to the Community Center during Newark Days. The public can drop off photos to be scanned by the Mayor on Sunday between 10:00 a.m. - 4:00 p.m. Historic photos will become part of the Newark History Project.

G.3 Upcoming Programs/Trips/Special Events

Senior Recreation Supervisor Karen Moraida highlighted the following entertainment events at the Newark Senior Center:

- Comedian Rick Pulido & Lunch, September 14, 12:00pm
- Senior Center's Amazing Guitar Class & Lunch, September 19, 12:00pm
- Oktoberfest with Accordion Player Karl Lebherz & Lunch, October 12, 12:00pm
- Swinging Blue Stars & Lunch, November 9, 12:00pm
- Banjo-Man Jack Convery & Lunch, November 23, 12:00pm

G.4 Upcoming Meeting Schedule:

Next meeting to be held on October 6, 2016

H. COMMITTEE INPUT/REMARKS

Staff Member David Zehnder invited everyone to attend the third of four Community Meetings for the Citywide Parks Master Plan tentatively scheduled for Tuesday, October 11, 2016 at the Community Center from 6:30 – 8:00 p.m.

Committee Member Rick Arellano shared that he attended a workshop "Early Signs and Prevention of Dementia" which was held at the City of Fremont Human Services Department. He reported that the workshop was very informative and well attended.

Committee Member Powell inquired about a date for the beginning of construction of the affordable senior housing units within the Willow Street Development. Chairperson Nagy responded that a start of construction date has not been set by the developer.

I. PUBLIC INPUT

Union City Senior Citizen Commissioner Mila Josue invited members to attend the next Tri-City Dementia-Friendly Community Coalition Team meeting which will meet on September 12 at the Masonic Homes at Joseph Pritchard's Office.

J. ADJOURNMENT

Meeting adjourned at 10:33 am

Respectfully submitted,



Edda Rivera
Administrative Assistant