



# CITY OF NEWARK

## SENIOR CITIZEN ADVISORY COMMITTEE

7401 Enterprise Drive, Newark, CA 94560-3796 510-578-4840 E-mail: senior.center@newark.org

Clark W. Redeker Newark Senior Center  
7401 Enterprise Drive, Newark, CA  
9:15 a.m.

### Minutes

Thursday, February 4, 2016

#### A. PLEDGE OF ALLEGIANCE/ROLL CALL

Vice-Chairperson Elwood Ballard called meeting to order at 9:15 a.m.

Members Present: Rick Arellano, Sandy Arellano, Faye Hall, Kathleen Lemos, Dolores Powell, and Glen Wickizer

Members Absent: Chairperson Al Nagy, Tamara Tucker, Gloria Wilson

Staff Present: David Zehnder, Karen Moraida & Edda Rivera

#### B. MINUTES APPROVAL

The minutes of the Senior Advisory Committee Meeting of Thursday, January 7, 2016 were unanimously approved.

#### C. WELCOME/INTRODUCTION

Vice-Chairperson Elwood Ballard welcomed Pat Helton, Fremont Senior Citizen Commissioner, Mila Josue, Union City Senior Citizen Commissioner, Eva Kamakea, Union City Senior Citizen Commissioner, Iris Franz, Mary Campbell, and Sheri Wold

#### D. GUEST SPEAKER JOHN BALENTINE, Program Manager from Second Chance

After posting the agenda, Mr. John Balentine notified staff that due to a conflict, he would not be able to attend this meeting. A representative from Second Chance will be available to attend a future meeting to present their programs and services.

#### E. HUMAN SERVICES/SENIOR CENTER STAFF REPORT

Recreation and Community Services Director David Zehnder distributed and reviewed with the committee a detailed report for the month of January, 2016.

Overall daily and program attendance for the month was 2,098 with no new case management cases opened. An average of eight (8) daily meals were served at the Senior Center and Meals on Wheel delivered an average of 49 daily meals. Volunteers clocked 319 hours of service for the month.

Paratransit program service figures from July 2015 – January 2016 were reviewed and provided to committee members.

**F. OLD BUSINESS**

No Report

**G. NEW BUSINESS**

**G.1 Follow up to an Alternative to Providing Prepared Lunches**

Senior Recreation Supervisor Karen Moraida distributed a feasibility and cost analysis report for providing another option for nutritional lunch service at the Clark W. Redeker Newark Senior Center. She summarized the report by stating that the cost of a meal delivery program would be cost prohibitive with prices ranging from \$9.99-\$18.99 per meal. She stated that the current meal program provided by Spectrum Community Services is meeting the needs of our seniors at a suggested donation of \$3.75 per meal, and is very affordable

**G.2 Upcoming Programs/Trips/Special Events**

Senior Recreation Supervisor Karen Moraida informed the committee that the Newark Recreation Department is still offering activities and programs.

Additionally, Senior Recreation Supervisor Karen Moraida highlighted the following upcoming events at the Senior Center:

- Mardi Gras Music with Mission Gold Dixieland Band & Lunch - Friday, February 12, 2016 at 12:00 pm
- Tea and Telephones Excursion – Tuesday, February 16 from 7:45am – 6:00pm
- Free Daily Drop-In Activities such as Bunco, group signing, Guitar Jam, Canasta and Ukulele lessons

**G.3 Upcoming Meeting Schedule:**

**Next meeting to be held on Thursday, March 3, 2016**

**H. COMMITTEE INPUT/REMARKS**

Senior Recreation Supervisor Karen Moraida advised Committee Member Rick Arellano that figures provided at last meeting regarding Friday drop-in attendance were not accurate. Attendance has increased by 30 people each week since reopening the Senior Center on Fridays.

Recreation and Community Services Director David Zehnder invited committee members to attend a special City Council Civic Center study scheduled for Thursday, February 4, 5:30 p.m. in the City Council Chambers. Council Members will review options for replacing the City Administration building, Police Department and Library. Public will have an opportunity to comment on the proposed project location and plan.

Committee Member Rick Arellano acknowledged that the current nutritional lunch program being offered at the Center provides for a well-balanced and nutritional meal. He also thanked staff for providing great service to community members.

Committee Member Dolores Powell inquired about the progress of the affordable senior housing project located within the Gateway housing development. Additionally, she promoted the Mercy Brown Bag food distribution program for income qualifying seniors ages 60+ which is held every second and fourth Thursday of the month at 9:00am at Newark Gardens. She requested staff to promote the

program via other social media venues to help increase participation.

Vice-Chairperson Elwood Ballard provided a brief update to committee members as he continues to meet with Fremont and Union City Senior Citizen Commissioners to advocate for senior citizen issues in the Tri-City area.

**I. PUBLIC INPUT**

Fremont Senior Citizen Commissioner Pat Helton invited committee members to attend the Fremont Senior Citizen Commission meeting on Friday, February 26, 2016.

Union City Senior Citizen Commissioner Mila Josue invited committee members to attend the Union City Senior Citizen Commission meeting every third Tuesday of month at 2:30p.m.

Mary Campbell read a letter previously sent to Mayor Nagy and City Manager Becker advocating for automatic ADA accessible doors for the Silliman Aquatic Center.

**J. ADJOURNMENT**

Meeting adjourned at 10:20am

Respectfully submitted,



**Edda Rivera**  
**Administrative Assistant**