



FALL HOURS (Sept. 2 - Nov. 16)

OPEN REC SWIM

Bring the whole family to try out our children's activity pool, lazy river, water slides, lap pool, and spa!

Friday.....5:00pm-9:00pm*

Saturday.....1:00pm-7:00pm

Sunday.....12noon-5:00pm

* Some Friday evenings are closed for special events, please call 510-739-2620 to verify times.



WATER WALKING HOURS:
(Lazy River)

Sept. 8 - Nov. 13

Tues & Thurs. 8:00am-9:00am
Mon - Thurs. 6:00pm-7:00pm
Saturday 8:00am-9:00am

Mini-Rec/Activity Pool Only

Sept. 9 - Nov. 13, 2007

Tuesday & Thursday 11:00am - 1:00pm

Special Hours: Nov. 24-26 Time: 1:00pm-5:00pm
(Activity Pool, Slides and Lazy River)



Utilize the lazy river for resistance training to strengthen and tone your leg muscles and improve your balance.

LAP SWIM/SPA HOURS

Lane space is limited during certain times. Swimmers will need to share lanes. Lanes organized from slow to fast. ** New Youth Swim Policy in effect. ** Ask Lifeguard for lane placement assistance and lap swim etiquette.

Monday-Thursday.....6:00am-5:00pm
(Adult Only)5:00pm-9:00pm*

Friday.....6:00am-3:00pm

Saturday8:00am-10:00am

Sunday.....8:00am-11:00am

**Limited Lanes*

